IF YOU CAN ENVISION IT- WE CAN ACHIEVE IT TOGETHER

About Us

ABOUT US: TBR's PROFESSIONAL SERVICES ARE INTUITIVELY DEVELOPED WITH SPECIFIC FOCUS ON HOW TO DELIVER PROFESSIONAL CUTTING-EDGE SOLUTIONS TO ENTREPRENEURS-EXECUTIVES- MANAGERS AND CREATIVE BUSINESS PROFESSIONALS.

Sara Begelton, CEO

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Education Credentials

Sara Begelton, CEO

Masters, Sociology, Healthcare Sciences
B.S. Business Administration
Colorado School of Family Therapy
Certified Medication Administration
Breath and Alcohol Technician

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Sara Begelton, CEO

Certifications

- Colorado School For Family Therapy
- U.S. Small Business Administration
- Doll Artisan Guild
- Certified Medication Administration

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Recommendations

Sara Begelton, CEO

- U.S. Congresswoman Diane DeGette
- Former Denver Councilwoman Marcia Johnson
- Attorney Charles Rawlston
- Attorney David Carlton

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Sara Begelton, CEO

Professional Business Achievements

- Nurses by Sara
- NBS Oxygen/Medical Supply & Equipment
- Meredith Place Residential Care
- Staffing Innovations
- Virginia Telehealth and Staffing
- TBR Business Course Academy
- Life-Force Community Programs
- Little Dolls of Porcelain
- Sara V's Janitorial
- Sara V's Thrift Shop
- Sahrah's Couture Designs

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Career Coaching

Sara Begelton, CEO

Career Coaching
We focus on helping clients realize their career aspirations and bring them to fruition.
Our Consulting and Coaching come with over 50+ years of professional and personal life experience.
While working with us your days will be engaging, meaningful and aligned with your career goals.

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Entrepreneurs, Executives, Managers, as well as Creative Business Professionals

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Business Consulting

Sara Begelton, CEO

Our Consulting services are aimed at those who are considering leaving a corporate job to start and manage their business. Additionally, tools and guidance will help those with a desire to start something new or who wish to expand an existing business but have questions and concerns about the best way to succeed in a new venture.

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Life Coaching

Sara Begelton, CEO

Life Coaching
Many people need help structuring their personal lives to achieve greater productivity.
With a customized program our clients can think bigger to set specific goals and ultimately achieve more satisfaction and reward for their artistic and business-oriented gifts.

Entrepreneurs, Executives, Managers, as well as Creative Business Professionals

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Book Summary
Book Titles by Sara Begelton

Sara Begelton, CEO

- Parents Catalyst to Open Doors
- Key Business Essentials for Successful Entrepreneurs
- Living Healthy, Living Strong, Living Long
- Fifty Reasons People Dislike People
- Cultivating Successful Relationships
- Taking the Self-Awareness Journey
- When to Speak or Not to Speak

Entrepreneurs, Executives, Managers, as well as Creative Business Professionals

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Business Products

- Composing/writing/editing intellectual property
- All business forms—letters--invoices/purchase orders orientation packages--job descriptions--business resumes---ad packages---marketing packages
- Management protocols
- Policy & procedure
- Regular and Medical Staffing Package

Sara Begelton, CEO

Entrepreneurs, Executives, Managers, as well as Creative Business Professionals

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Uniquely Created Services

- Standard Operating Procedures for staffing medical facilities
- Turn-key business set up
- Call Centers
- Training Centers
- Exemplary approaches to job fairs, grand openings, hiring and marketing events.

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Business Videos

Sara Begelton, CEO

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Lifetime Achievements

Sara Begelton, CEO

- Entrepreneur
- Academic Achievement - Dean's List
- Social Media Influencer – 10k+ Followers
- Teacher/Instructor
- Business Consultant
- Life/Career Coach
- Author
- Blog Writer
- Fashion Designer
- Sculptor
- Porcelain Doll Artisan

Professional Associations Memberships and Groups

Sara Begelton, CEO

- Dun & Bradstreet
- Toastmasters International
- Doll Artisan Guild
- Meet Up Group
- American Association of Retired Persons
- Aircraft Owners and Pilots Association
- Small Business Expo
- Federal Contracting

Taking the self-awareness Journey

Sara Begelton, CEO, Author
Career Coach, Business Consultant,
Course Developer, Fashion Designer

Although, acceptance of change is uncomfortable at times, it allows you to discover the depth of your inner self, and that you are clearly on the journey to self-awareness.

In this book you will discover:

- The road to success
- Ways to overcome fears
- Your strengths and weaknesses
- Self-confidence & Acceptance
- Motivation

Email: tbracademy@gmail.com

Taking the self-awareness Journey Sara Begelton

More than 100,000 in print!

Taking the self-awareness Journey

Sara Begelton

Fifty Reasons People Dislike People

Sara Begelton, CEO, Author
Career Coach, Business Consultant,
Course Developer, Fashion Designer

At times, we tend to seek a broader discernment of our personality and once we discover it, we understand how that personality evolves. Are you completely satisfied with this discovery, or do you desire more growth and introspection?

In this book you will discover:

- Valid or invalid reasons for your opinion
- Quality friendships
- The keys to acceptance of others
- The art of thinking before speaking
- Your personality

Email: tbracademy@gmail.com

Fifty Reasons People Dislike People SARA BEGELTON

More than 100,000 in print!

Fifty Reasons People Dislike People

SARA BEGELTON

Living Healthy, Living Strong, Living Long

Sara Begelton, CEO, Author
Career Coach, Business Consultant,
Course Developer, Fashion Designer

Living Healthy, Living Strong, Living Long actually speaks to an evidence-based lifestyle embraced early on with sustainable living that you've invested time and education in learning how to successfully achieve.

In this book you will discover:

- A healthier lifestyle
- The unity of mind, body, soul, and spirit
- Encouragement and motivation
- What your body is saying
- Freedom from health issues

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Living Healthy, Living Strong, Living Long SARA BEGELTON

More than 100,000 in print!

Living Healthy, Living Strong, Living Long

MIND
BODY
SOUL
SPIRIT

SARA BEGELTON

Key Business Essentials for Successful Entrepreneurs

Sara Begelton, CEO, Author
Career Coach, Business Consultant,
Course Developer, Fashion Designer

Entrepreneurs must make their business something more than just about themselves by focusing on what they do best, which will add value to who you really are and what you can effectively do well.

In this book you will discover:

- Tools to be successful
- Encouragement and motivation
- The fruition of your dreams
- A clearer direction

Email: tbracademy@gmail.com

Key Business Essentials for Successful Entrepreneurs SARA BEGELTON

More than 100,000 in print!

Key Business Essentials for Successful Entrepreneurs

SARA BEGELTON

When To Speak or Not To Speak

Sara Begelton, CEO, Author
Career Coach, Business Consultant, Course Developer, Fashion Designer

Your words are a strong reflection of who you are; so many times, we are caught in situations where what we say can make or break the outcome of that situation, you don't want your words to get you into trouble with others.

In this book you will discover:

- That you're responsible for what you speak
- Compassion, caring and concern for others
- The value of practicing honesty above all
- It's better to speak up than to be silent
- It's not good to keep things to yourself

Email: tbrsacademy@gmail.com

When To Speak Or Not To Speak Sara Begelton

More than 100,000 in print!

When To Speak or Not To Speak

SARA BEGELTON

Cultivating Successful Relationships

Sara Begelton, CEO, Author
Career Coach, Business Consultant,
Course Developer, Fashion Designer

Cultivating Successful Relationships leads us on a heartfelt search of desirable relationships with beliefs of what we may envision.

In this book you will discover:

- Loving relationships
- Genuine caring
- Reciprocal commitment
- Openness and respect
- Trust and compassion

Email: tbracademy@gmail.com

Cultivating Successful Relationships Sara Begelton

More than 100,000 in print!

Cultivating Successful

Relationships

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